

Our NaviCare[®]
health plans could be
just what you need.

The Benefits Booklet

Effective January 1–December 31, 2024

Would you like to have a health plan that provides all the services and medical benefits of MassHealth Standard and Medicare, plus more? Look no further than Fallon Health's NaviCare SCO (Senior Care Options) and HMO SNP (Special Needs Plan) programs.

See inside to learn what's included with NaviCare to help you manage your health. And remember, when you join NaviCare, you'll pay \$0 for all the benefits inside this booklet.



Save Now card

New for 2024! You get \$848 per year on the Save Now card to buy food as well as health and personal care items.

Each calendar quarter, \$212 is preloaded onto the card for you to buy items to keep you healthy. You can use **\$162** to spend on cold/allergy medicine, pain relievers, probiotics, and more. Plus, another **\$50** to buy food and personal care items such as soap, shampoo, fruits, veggies, and more. That's **\$848 per year** to buy items you need!

Make your purchases at stores like CVS Pharmacy, Family Dollar, and Walmart. You can also order items by phone or online, with free home delivery.



Transportation

With NaviCare, you get free unlimited rides to medical appointments and places where you receive health care, such as doctor office visits, physical therapy appointments, counseling sessions, and hospital visits.

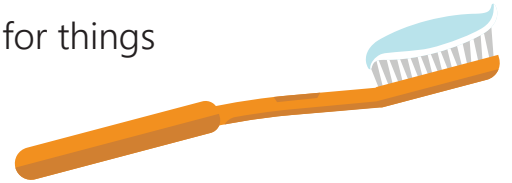
Plus, you get free rides to run errands, visit friends, attend religious services, and more. You have 140 one-way trips to use per year.

Get rides from Fallon's partner service, or your own friends and family who can receive reimbursement for mileage of pre-approved rides.



Dental services

Get your teeth cleaned and more! Your plan will also pay for things like crowns, dentures, implants, oral surgery, and more.



Vision care

Up to \$570, every year, for new eyeglasses, frames, lenses, or contacts.



\$400 to get fit

You'll get up to \$400 to help you pay for fitness classes, a new fitness tracker, new cardio equipment, or a gym membership.

Don't forget, your gym membership is free at locations that are part of the SilverSneakers® program.



Can't get to the gym? You'll have access to the SilverSneakers on-demand library of classes, workouts, and instructional videos.

An entire Care Team

You'll have an entire team of health care professionals dedicated to making sure you get the services and care you need.

Care Team members include a Navigator who helps to coordinate your care, can schedule your appointments, and more.

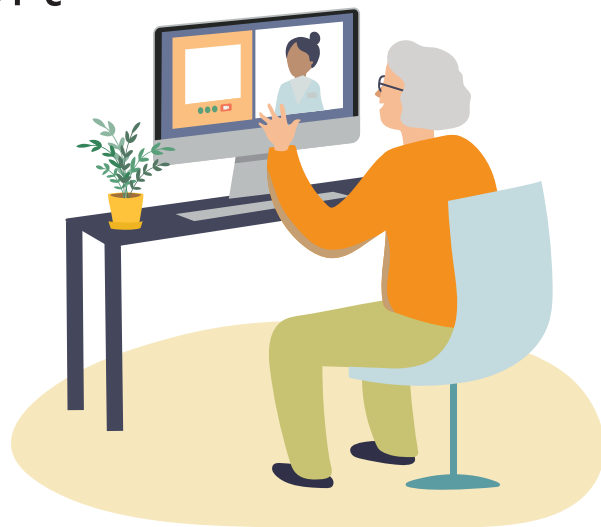


Get care from the comfort of your home

You'll pay \$0 for telehealth visits with your primary care provider, specialists, and other healthcare providers.

Plus, you'll get 24/7 access to doctors by phone, internet, or mobile device—for non-emergency health concerns such as the flu, sore throat, or skin rashes.

And, you'll have 24/7 phone access to registered nurses who will recommend where you should receive care or will connect you to your doctor.



Medicine and nutrition

If your doctor writes you a prescription for a covered medication, NaviCare covers the medication—at no cost to you.

Get unlimited nutritional supplements—for \$0—with a doctor's prescription.



Our mission is to improve health and inspire hope. We do that by providing care and coverage that goes further.

It's easy to see who gives you more.

Benefits	With NaviCare	With MassHealth and Medicare alone
\$0 hospital stays and services	✓	✓
\$0 lab tests and X-rays	✓	✓
\$0 doctor visits and screenings	✓	✓
\$0 hearing tests and hearing aids	✓	✓
\$0 adult day health	✓	✓
\$0 in-home care	✓	✓
\$0 prescriptions and certain over-the-counter items with a prescription	✓	✓
Free rides to and from medical appointments	✓	✓
Free rides to visit friends, run errands, attend religious services, and more. Up to 140 one-way trips per year.	✓	
\$0 for advice or treatment from doctors by phone, mobile app, or video—24/7	✓	
\$0 dental: crowns, dentures, implants, oral surgery, and more	✓	
Free SilverSneakers®: includes gym membership, access to online classes, and more	✓	
Up to \$848/year to buy food and items for your health and personal care	✓	
\$570 toward eyewear every year	✓	
\$400/year toward new fitness trackers, new cardio equipment, fitness classes or gym memberships	✓	
An entire Care Team that makes sure you get the care and benefits you need	✓	

Get all of this, plus more. And pay \$0.



Are you eligible?

As a NaviCare member, you can't be enrolled in another health insurance plan, except Medicare. Additionally, to qualify you must:

- Be 65 or older
- Be eligible for MassHealth Standard
- Live in the NaviCare service area, which includes all of the cities and towns in Massachusetts except Nantucket and Dukes counties.

How can I learn more or sign up?

Give us a call today. We're happy to help! Massachusetts is our home, and our team is local. When you call us, you'll speak with someone who knows, and serves, this community. We believe that health care is personal and that you should be able to talk to a real person—not a computer. Because we want you to get the service you need, when you need it.



1-877-255-7108 (TRS 711)

8 a.m.–8 p.m., Monday–Friday (Oct. 1–March 31, seven days a week.)

fallonhealth.org/navicare

Fallon Health is an HMO plan with a Medicare contract and a contract with the Massachusetts Medicaid program. Enrollment in Fallon Health depends on contract renewal. NaviCare is a voluntary program in association with MassHealth/EOHHS and CMS.

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